

Teacher Overview: Jesus Made Time and Jesus Made Me

Overall Lesson Theme:

History is not an endless loop; it is a story written by God. Jesus is the Lord of Time, the Architect of Work, and the Giver of Rest. By teaching children to honor the calendar, embrace the blessing of work, and prioritize the holiness of Sunday, we ground their identity as image-bearers who are defined not by what they produce, but by their standing before their Creator.

HEARTPRINT: I CAN WORSHIP JESUS

☐ **Scripture Focus: Genesis 1:5; Matthew 1:21; Genesis 2:15; Ecclesiastes 4:6:**

☐ **The Lesson Flow**

Segment 1: Tick-Tock, Jesus Made the Clock

- **Theme:** Time is a gift from God. We use our days to acknowledge His sovereignty.
- **Activity:** "Freeze Time" game to reinforce that Jesus is Lord of every tick and tock.

Segment 2: Calendars, Birthdays, and Special Days

- **Theme:** Our lives are part of the story of Christ. We celebrate history by anchoring our years to His birth, death, and resurrection.
- **Activity:** Using the calendar to count years back to "Year One" to show Jesus as the center of history.

Segment 3: On Tick-Tock Days We Work, On Sunday We Worship

- **Theme:** Work is a holy calling. We honor Jesus by being "good helpers" with a joyful heart, reflecting the Creator's own work.
- **Activity:** Hand motion rhyme to connect manual effort to the joy of service.

Segment 4: The Phone Needs a Charge—And So Do I

- **Theme:** Rest is a divine boundary and an act of faith. We stop our work to "recharge" in God's presence.
- **Activity:** The "Arms Full" illustration, showing that we must let go of our "toys" (worldly busyness) to take hold of the hand of our King.

Teacher's Note:

Our goal is to liberate these children from the modern spirit of entitlement and the idolatry of constant busyness. By establishing the sanctity of the Lord's Day early, we set a lifelong guard against the vanity of the world.

LESSON BEGINS ON NEXT PAGE

☐ **Segment 1: TICK-TOCK JESUS MADE THE CLOCK**

Estimated Time: 5–7 minutes

Focus: Jesus made TIME and Jesus TELLS US what to do with TIME

Object Lesson: TAKE YOUR PHONE (USE THE STOP WATCH)

Set for 1 minute with Alarm (watch it tick) minutes up/ bell sounds

Show them how TIME is TICKING (tick-tock – tick-tock – tick tock)

The Clock is Ticking!

Active Game: "Freeze Time!"

- **How to play:** Have the kids sit in their chairs with hands raised – have them lean hands to the left on TICK and hands to the right on TOCK - while you pretend to tick like a clock ("*Tick, tock, tick, tock*").
- When ALARM sounds you say "**Jesus is Lord of Time!**"

(THEY RAISE HANDS HIGH IN THE AIR / HAVE FUN AND REPEAT)

Genesis 1:5 And God called the light **Day**, and the darkness he called **Night**. And the evening and the morning were **the first day**.

TICK-TOCK DAYS AND SUNDAY'S PRAISE: Who made the sun go up and down today? Jesus did! He makes the sun come up in the morning and He makes the sun go down at night – He does that everyday.

(POINT AT CALENDAR) Today is SUNDAY –WOO HOO

Go thru days of the week quickly M – T – W – TH – F – SAT & SUNDAY!!!

DO THE TICK-TOCK MOTIONS AGAIN – RAISE HANDS ON THE ALARM

CHANGE UP – POINT AT CALENDAR (MONDAY –TICK) (TUESDAY –TOCK)

*(WEDNESDAY- TICK) (THURSDAY-TOCK) (FRIDAY-TICK) (SATURDAY-TOCK)
(SUNDAY- SHOUT S U N D A Y!)*

When we see SUNDAY on the Calendar it's TIME to Praise the Lord!

SEGMENT 2: CALENDARS, BIRTHDAYS, AND SPECIAL DAYS

Question: *When is your Birthday?*

- *Your Birthday is a Special Day . . . Yes it is!*
- **Say:** *I know Someone who has a Special Birthday*

(TAKE CALENDAR AND POINT AT "DECEMBER 25")

Did you know that December 25th is CHRISTMAS? Do you know Whose Birthday is on Christmas? **IT IS JESUS' BIRTHDAY** . . . YES IT IS!!!

POINT AT CALENDAR YEAR (2026 or current year)

What year were you born? (ask for a student's Birthday) and show them we count back to the year of their birth to know how old they are – and next year they will be another year older –

COUNT DOWN

2026 – 2025 – 2024 . . . I was born 1 9 ? ? (lol)

LOOK AT STUDENTS WITH BIG EYES and ask: What year was Jesus born?

Boys and Girls: HOLD UP ONE FINGER (ONLY 1)

That's when Jesus was Born . . . Year number ONE!

*"...thou shalt call his name **JESUS**: for he shall save his people from their sins." — **Matthew 1:21***

Every year we celebrate CHRISTMAS (when Jesus was born)

ALSO every year we celebrate EASTER (when Jesus died on the Cross and then AROSE from the grave.

*...he **rose again** the third day according to the scriptures:" — **1 Corinthians 15:4***

Jesus made Calendars and Tick-Tocks (time) for Birthdays and Special days

JUST FOR FUN: Did you know there a 1,440 minutes in a day?

Did you know there are 86,400 TICK-TOCKS in a day?

SEGMENT 3: ON TICK-TOCK DAYS WE WORK ON SUNDAY WE REST

Estimated Time: 5–7 minutes

Focus: Learning that working hard is a good gift from God,

Object Lesson: Hold up a toy hammer and a cleaning cloth.

God Created Adam and Gave Him a Job!

*"And the LORD God took the man, and put him into the garden of Eden to **dress it** and to **keep it**." — Genesis 2:15*

The Lesson: God wants us to be good helpers. When we clean up our toys, make our beds, or color our pages, we don't do it with a grumpy face. We become a good worker and that makes Jesus happy!

Hand Motion Rhyme (Do together):

- *"Dig the dirt, pull the weed, (Pretend to dig)*
- *Plant the tiny little seed. (Pretend to drop a seed)*
- *God made hands to work and play, (Hold up hands and wiggle fingers)*
- *I will help my world today!" (Clap hands together)*

LESSON REINFORCE: *Working hard makes our world beautiful!*

ON OUR TICK-TOCK DAYS WE WORK AND WORSHIP THE LORD

WHEN OUR TICK-TOCK ARE COMPLETE WE COME TO S U N D A Y!!!

(A DAY TO WORSHIP GOD)

REMEMBER:

Jesus wants us to work . . . YES HE DOES . . . but He also wants us to share with Him in a day of Worship (go to Church and Sunday School).

On Sunday we stop our work and Worship Him and we rest.

➡ Segment 4: THE PHONE NEEDS A CHARGE AND SO DO I

Focus: Stopping our work to rest, trust God, and worship Him.

Object Lesson: RECHARGE

The Holy Boundary of Rest

The Lesson: A PHONE CHARGER IS THE BEST (*I think every student can grasp this concept*) - Can a PHONE RUN forever without stopping? No, it runs out of battery and needs to be Re-Charged

- God made our bodies to need rest too. God commands us to stop working on the Lord's Day. If we kept on working we would forget about God. So He says don't forget me.
- TO WORSHIP GOD IS LIKE RECHARGING OUR BATTERY.

HOLD UP A TOOL AND A PILLOW (LAY THE TOOL DOWN TAKE A BIBLE AND A PILLOW (FOR WORSHIP AND REST)

II. We Trust God to Take Care of Us

The Lesson: When we stop working to go to church and rest, we are telling Jesus: *"I trust You to take care of me, even when my hands are still."* I NEED YOU TO CHARGE MY BATTERY

Illustration: ARMS FULL

Load a student's arms so that they are fully loaded with objects (small items/ large items) so many they can't hold anything else

Now ask the student to reach out and hold your hand (they must drop all objects to do so) – The idea is creating room for relationship.

See? When he let go of his toys, he finally became free to be close to his teacher. When we stop our work on Sunday to worship Jesus, we are letting go of our 'toys' so we can be close to our Lord and Savior."

Ecclesiastes 4:6 softly: *"Better is an handful with quietness, than both the hands full with travail..."*

Say: "Let's put down our busy toys, open our hearts, and give our quietness to Jesus today."